

**MAKING THE MOST OF YOUR MONTH
BY**

CHIAMAKA PEACE EZE (Makz)

**A Practical Steps Guide To Having The
Best Days Of Your Month**

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Impact Write by Makz**



Hello Friend!

As an impact writer with years of experience in value creation and impact writing, I've come to realize the importance of getting the best out of each day in your month.

This EBOOK provides you with real and practical steps to achieving this.

So come along with me on this ride as we explore from day 1 to day 31.

I hope you get enriched !

***You can share your suggestions and reviews by emailing me:
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You can also connect with me via my social media handles.

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Love from Yours truly,

Chiamaka Peace Eze

Making The Most Of Your Month: Day 1 ACKNOWLEDGING YOURSELF

This entails accepting yourself and the type of person that you are; knowing and recognizing your values, purpose, abilities, talents and entirely the things that make you who you are as a person. In the place of self acknowledgement, your inadequacies are also recognized; Those things that demand your utmost attention in order to be improved on. Self acknowledgement goes a long way to helping you kickstart your quest to becoming a better you and making the most out of your month.

Remember: It's about time you get things working~~Makz

GOODLUCK!

See you on day 2💕💕

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Making the most of your month:

Day 2



CREATING YOUR SELF EXPECTATION LIST FOR
THE MONTH .

The new month has started and it's already running. Have you made a list of your expectations from yourself in the course of this month?

Untill you realize how important it is to set targets for yourself, monitor your efforts and evaluate it accordingly, you will find yourself always feeling like you're running out of time every month.

So go ahead now and make a list of the possible things you expect from yourself in this month. This can be in all aspects of your life. Ensure to put it where you can always see it and be reminded of it.

Remember: There is no limitation to self
expectation~~~Makz
GOODLUCK!

See you on day 3💕💕



Making the most of your Month: Day 3

Eating Healthy.

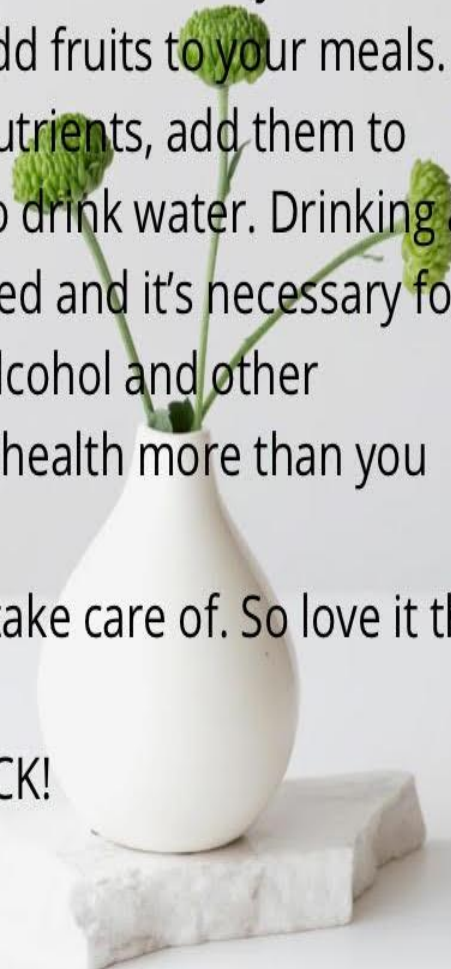
Being stingy to your health always comes with devastating effects. Taking care of your health is not about how much money you have, but about how much value you place on it. This month, please cut down on fast foods and try more of home made foods, also ensure to add fruits to your meals. Cereals like oats contain essential nutrients, add them to your meal. Don't wait to be thirsty to drink water. Drinking a lot of water keeps your body hydrated and it's necessary for your body functions. Cut down on alcohol and other carbonated drinks. They'll cost your health more than you even spent on buying them.

Remember: Your health is yours to take care of. So love it the way it loves you~~~Makz

GOODLUCK!

See you on day 4💕💕

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Making the most of your Month: Day 4

USING A TO DO LIST

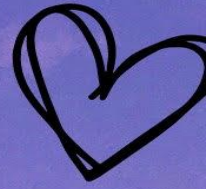
Planning out your activities for the day is an act of discipline and a culture that helps you maximize your time for each day. Using a to do list helps you to monitor your activities in the course of the day and also evaluate yourself at the end of the day. It helps you to answer questions such as "Was my day a fruitful one? Did I meet up with my appointments? Using a to do list helps your become more efficient in carrying out your activities and makes you a master of your time. It serves as a personal check and balance system in the midst of a busy schedule.

To make a to do list: Simply grab a piece of paper and write out all what you want to do for that day. Ensure to keep it handy in order to tick off the ones done. That way, you become a better manager of your time and events.

We've all got 24 hours in a day. How you use yours can only be accounted for by you. ~~~Makz

See you on day 5

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MAKING THE MOST OF YOUR MONTH: DAY 5

SPEAKING GOODNESS

Words as we know has always been deemed powerful. It only seems that sometimes, we overlook it's powers when we use them negatively on others. Even our words of correction to others is better when it's not abusing. We are all incredible humans yet we all fault at somethings or the other.

Respecting the power of our tongues when we have to speak to others mostly when we have been hurt or wrongly dealt with is a sign of great maturity. So in the course of this month, just when next you want to call or speak to someone in an abusive manner, please remember how powerful you are and how important it is that you use your powers rightly.

*We begin to attain our full potential when we realize how incredibly awesome we have been created to become~~~Makz
GOODLUCK!*

See you on day 6 ☐

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Making The Most Of Your Month: Day 6

FOCUSING ON WHAT YOU CAN DO!

Understanding how much you can attain by focusing on yourself is a game changer. Yes, you must learn to stop focusing on what others can do for you alone. Do you ask yourself the question “ what’s there in me that can change my life? What skills do I have that can help me overcome my challenges?

We are all destined to live our best lives but we must learn to build the capacity that equips us to do so.~~~Makz

GOODLUCK!

See you on day 7 💕💕

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Making The Most Of Your Month: Day 7

BE INTENTIONAL

A lot times we pray for luck or wait for things to just happen for us. It is important that we realize the role we have to play in changing the narrative of our own life. Becoming intentional about yourself helps you define things, strategize better and direct your efforts towards fruitfulness. Being intentional helps you know what you want. That way, you are not tossed around by just anything.

Become intentional ! Don't just wait around for things to happen! You can make things happen yourself! ~~~Makz

GOODLUCK!

See you on day 8 

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MAKING THE MOST OF YOUR MONTH: DAY 8

Improve on yourself

You are a being of inestimable value. A game changer, a trailblazer, a champion, a conqueror. You have not come this far in life just to give up! God's grace, blessings, mercy and favor is with you. But I thought to remind you today of how important it is that you improve on yourself.

We are all a "work in progress" and we continue to build ourselves up by doing our parts as contribution to attaining our success. In the light of this, you have a lot of improvements to do on yourself. No one is perfect, yes !!!

No one at all, but you can choose each day to be better than you are by building up yourself and in all aspects of your life. Becoming a better you involve lots of efforts and your willingness to undertake the offer opens you up to new levels.

Never forget how dynamic and exceptional you are. I urge you to please always take steps towards improving yourself.~~~Makz

GOODLUCK!!

See you on day 9 ☺

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Making the most of your Month: Day 9

STAY FOCUSED

In a life filled with challenges, focus becomes a necessity. A lot times when we are challenged we tend to start weaving from our commitments. These can range from personal commitment to goal pursuit, academic advancements, career growth among other things.

Realizing that you must not lose sight of your pursuit is a step closer to your victory. When difficulties come and you lose focus of that which you have set out to attain, that means you are beginning to fail already. You cannot get what you didn't see! As far as your eyes can see God can give to you. And as far as you don't lose sight of it, you will attain that pursuit!

Keep your eyes on the goal and keep going!
Remember: impossible is nothing but only when u
stay focused! ~~~Makz

GOODLUCK!

See you on day 10☐

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MAKING THE MOST OF YOUR MONTH: DAY 10

TAKE THE CHANCE!

Sometimes we wait so long for the perfect timing to do something even when we could have just taken a chance at it. Go ahead and try it out! Go ahead and take a chance! Go ahead and reach at it! You never know how possible it will be until you try at it. Don't reject yourself even before the game begins! Remember that you are you and that's enough! So go ahead and give it a try!

This is life and we must learn to take our chances~~~Makz

GOODLUCK!

See you on day 11

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MAKING THE MOST OF YOUR MONTH:
DAY 11

YOUR SELF-WILL

There will come times when you will hear a lot of negative words of fear and discouragement in the face of life situations. Yes! Those times will come! And when it does, you will be left with your self-will to either give up or continue in faith!

Your self-will rides you on the eagle wings of confidence both in yourself and in your God. Your self-will surely will remain one of the reasons you will prepare to try again until you have succeeded at it !

Your self-will is your power to stand for up yourself and declare boldly your ability to conquer!!

Remember: When those times come, you will draw strength from your will power to overcome!~~~Makz

GOODLUCK!

See you on day 12

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MAKING THE MOST OF YOUR MONTH: DAY 12

KEEP YOUR FAITH ALIVE!

It may be tough! Oh yes! It may look impossible!

Oh yes! But can it still be possible ! Oh yes!!!!

Times of doubt will come, times of fears and worries and disappointment will come and then it will all look like the time may seem so long. But

be rest assured of this very truth, **FAITH**

ALWAYS PREVAILS!! So keep it alive!

Don't let go of your faith! It's your purchasing power! Don't quench it on thoughts of doubts

and grumblings but fan it up with joy and gladness of heart! ~~~Makz

GOODLUCK!

See you on day 13

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MAKING THE MOST OF
YOUR MONTH: DAY 13

YOU DON'T HAVE TO BE
PERFECT!

Understanding that you don't have to wait till you feel perfect about something before going about it, is a key to kickstarting your pursuit in areas of your interest and success. . We may not always have it all but we can always have something that's going to work out! Perfection is a process and we can only attain it when we worked with consistency and focus. In the deep realities of life, magics don't happen. Something always has the ability to cause a change and you as a wonderful personality has that power. So begin to harness and direct your powers in an advantaged manner and begin to see things fall in place. Remember: Life is a process and we are all part of the process.~~~Makz

GOODLUCK

See you on day 14



MAKING THE MOST OF YOUR MONTH: DAY 14

You are part of the process

You are part of the making process
of your success!

you can not think you are different
from the success you want to attain!

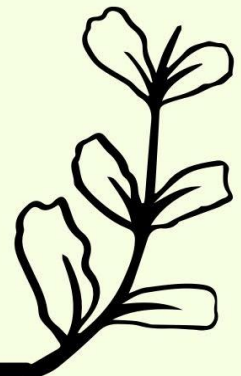
You must learn to see yourself as
an integral part of the success you
are pursuing in order for you get the
best from it.

Remember: You are your success
and your success is you.~~~Makz

GOODLUCK

See you on day 15

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MAKING THE MOST OF YOUR MONTH: DAY 15

Give it all you've got!

This is same as saying put in your best!

**The reward you seek will only be a tasty
one when you have put in an effort that
can equal the reward.**

**No matter how hard we try to paint it, the
place of work cannot be neglected in our
pursuit for fulfillment.**

**So whenever you are faced with
something to do! Go ahead and do it
well! Give it all you've got!!**

**Giving it your all means getting all of
it!~~~Makz**

GOODLUCK!!

See you on day 16

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**MAKING THE MOST OF YOUR
MONTH: DAY 16**

YOU CAN'T GIVE UP NOW!

As the month rolls by, taking a critical look at your success thus far is important and in situations where you have not been able to meet up with your set expectations you can still keep working on realizing them.

Thus, giving up is not an option when you can still try again!

Remember: Despite the situation there is always an option. Giving up or not is always a choice.~~~Makz

GOODLUCK

See you on day 17

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MAKING THE MOST OF YOUR MONTH: DAY 17

Making Yourself Proud!

You owe it to yourself first! Even before you have to attribute it to others.

Your quest for a better life is firstly because you deserve it and then your loved ones too.

You have to stop acting like your pursuit for success is because of some one or some people.

You must understand that you are not doing anyone a favor by succeeding at what you want. It is yourself you are elevating first and then others.

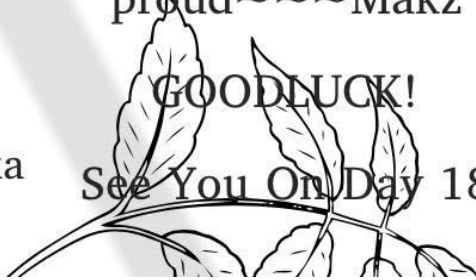
Remember: The Life you're living is not a favor to other but to yourself.

So, keep up the pursuit and make yourself proud ~ ~ ~ Makz

GOODLUCK!

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See You On Day 18



Making the most of your month: Day 18

CELEBRATE YOUR WINS

EVERY WIN IS WORTH THE APPRECIATION!

LEARNING TO CELEBRATE YOUR EVERY WIN WHILE IN ANTICIPATION FOR GREATER ONES IS A SIGN OF SELF GRATITUDE.

YES! YOU ARE MAKING PROGRESS AND YOU ARE GRATEFUL TO GOD AND TO YOURSELF.

EVERY STEP THE WAY IS ALWAYS ONE BORN OUT OF COURAGE AND STRENGTH OF MIND.

SO WHILE THE MONTH ROLLS BY, CELEBRATE EVERY AMAZING STEP YOU HAVE TAKEN TOWARD IMPROVING YOURSELF.

REMEMBER: TO CELEBRATE YOUR WINS IS NOT TO CALL A PARTY OF PERSONS BUT TO SAY THOSE KIND HEARTY WORDS OF LOVE TO YOURSELF ON HOW WONDERFUL YOU ARE~~~MAKZ

GOODLUCK!

SEE YOU ON DAY 19

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Making The Most Of Your Month: Day 19

THINK LEGACY

Times will come in life when we will only be remembered by our acts of strength, love, care, concern or our contributions of positivity.

Yes, those times will come, when we will be mentioned for the life we touched or the persons we cared for.

So while we live through the days of this month, let's remember that, acts of kindness are matters of legacy ~~~Makz

GOODLUCK!

See you on day 20

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Making The Most Of Your Month: Day 20

CHEER UP!

Cheer Up Pal!



It's all going to work out fine!

Your happiest and brightest days are here!

And you are going to have all the happiness your heart can hold.

Remember: There's no promise of an easy way but only an assurance of a fruitful end~~~Makz

GOODLUCK!

See you on day 21



Making The Most Of Your Month: Day 21

THINK GOOD THOUGHTS

There is power in positive thinking!
And you utilize these power by
thinking good thoughts!

Our thoughts are powerful, our
thoughts can also serve as a source
of strength to us. Our thoughts are
also a part of our motivation
process.

So thinking and dwelling on good
thoughts always leaves us with great
imprints of hope, faith and peace.
Remember: God's thoughts for us
are good and so should be your
thoughts for yourself and others
too.~~~Makz
GOODLUCK!

See you on day 22

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MAKING THE MOST OF YOUR MONTH: DAY 22

LEARN TO OBSERVE

Your ability to observe things and people always has a way of placing you a step away from trouble. Yes!! Sometimes the issues that we experience with others over things or events can be saved if only we had made a proper observation of the persons or the activities involved.

So learn to take notice of things! Don't be too carefree over things!

Remember: Your ability to observe things will always keep you steps ahead and give you opportunities to thinking faster and better~~~Makz

GOODLUCK!

See You On Day 23

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Making The Most Of Your Month: Day 23

Create Connections!

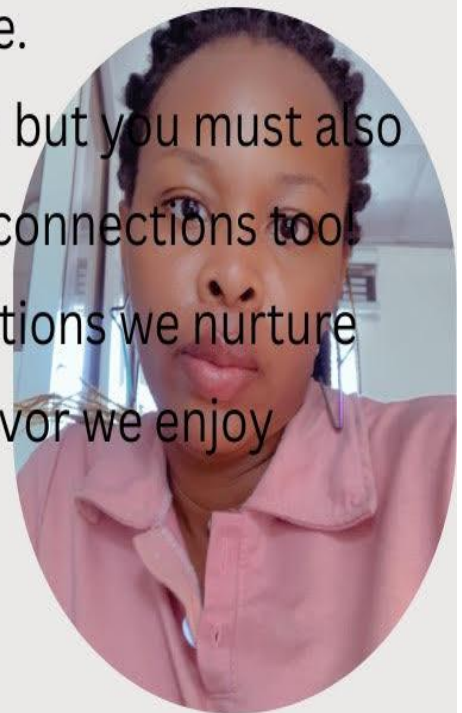
Connections are life wires to our achievements in life!
There is always a connection that can help to move you
to your desired place.

God remains our supreme connection but you must also
learn to create and nurture human connections too!
Remember: Sometimes, the connections we nurture
today becomes the source of favor we enjoy

tomorrow~~~Makz

GOODLUCK!

See you on day 24



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MAKING THE MOST OF YOUR MONTH : DAY 24

MIND WHAT YOU ARE SAYING!

THINK ABOUT WHAT YOUR SAYING
AND ASCERTAIN IF ITS NECESSARY
TO BE HEARD BY THE EAR YOU ARE
SPEAKING TO ABOUT IT OR NOT.

A LOT TIMES, WE THINK THAT IT
DOESN'T MATTER, BUT WE SHOULD
ASK OURSELVES "DOES IT REALLY
NOT MATTER???"

WE MUST LEARN AND BECOME
CAREFUL OF WHAT WE ARE SAYING.

SOMETIMES, EVEN THE THINGS
YOU'RE SPEAKING ABOUT ARE NOT
SUPPOSED TO BE HEARD!

YOUR WORD SHOULD BE YOUR
BOND, SO BE CAREFUL ABOUT
WHAT YOU'RE SAYING ~~~MAKZ
GOODLUCK!

SEE YOU ON DAY 25

Making the most of your month: Day 25

Build Confidence in Others

Learn to believe in others too as much as you believe in yourself.

Learn to be confident of people while staying wise in your dealings.

People thrive better around you when they feel that you are confident about them.

Remember: Believe in God, Believe in yourself and Believe also in others.~~~Makz

GOODLUCK

SEE YOU ON DAY 26

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Making the most of your month: Day 26

Act Right!

Sometimes we as humans feel it is the responsibility of others to behave well while we misbehave!

Using the phrase "I'm not perfect" does not mean a license to misbehave!

Remember: There is something about your attitude that speaks volume about you!

~~~Makz

**GOODLUCK!**

See you on day 27

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*Making The Most Of Your Month Day 27*

*A Better You*

You can always be better than you currently are!  
There is no limit to the best version of yourself  
that you can become, it all depends on your  
desires.

Do you desire to be better than you are at the  
moment ??? Then put in the effort towards self  
Improvement.

Rememeber: There is no limitation to becoming  
the better version of you~~~Makz

**GOODLUCK !**

See you on day 28

**MAKING THE MOST OF YOUR MONTH:**

**DAY 28**

## **BUILD KNOWLEDGE**

Building knowledge is very important!

Know things as much as it is possible for you.

Don't ignore the importance of knowledge.

Sometimes learn to build knowledge not just on things closely related to you but for the sake of a general knowledge.

Be knowledgeable, You never can tell when a shared knowledge about something can make

you beam ~~~ Makz

GOODLUCK

See you on day 29

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*Making the most of your month: Day 29*  
*LEARN TO PRACTICE*



Practice brings about progress!  
You become better when you  
constantly engage in the act of  
practicing. Yes!!! You can always try it  
out again and again.

Champions are not born but are made!

But it only begins with a solid decision

If you must achieve mastery then you  
must be engaged in practicing~~~Makz  
GOODLUCK

See you on day 30

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Making the most of your month:  
Day 30

## STAY WISE

Wisdom has always been profitable to direct and as much as possible, we should learn to implore it at all times.

There are dangers on the lanes of life as we all run by, don't give yourself up to it for a victim.

Guide your affairs with wisdom if you must attain record breaking success in all areas of your life.

Wisdom is golden, it is a map for a successful ride through life~~~Makz  
GOODLUCK!

See you on day 31



Making the most of your month:

Day 31 ✨

*Evaluate Yourself*

**Kindly take a little time off your busy schedule and evaluate yourself!**

**How well have you done so far??**

**It's not a dead sentence if probably you didn't do as well as you expected.**

**But it's okay that you look through your plans and if need be properly strategize!**

**Another opportunity is here again!**

**Another month to try again!**

**Your success begins with your determination to fiercely hold on through any situation!**

**Remember: Evaluating yourself provides you an opportunity to take note of the how much you done within a period and how better you can get~~~Makz**



*@ezepeaceamaka*



# Making The Most Of Your Month Hey!

Congratulations For  
Coming This Far!!!

You Have Made It Through  
To Day 31 And I'm Super  
Proud Of You.

I Really Hope You Got An  
Impact Because That's The  
Reason

I Wish You All The Best  
Always And I Hope You  
Always Succeed.

Love From Makz